




Pathways Lutheran
Outdoor Ministries

CAMP
EMMAUS

 218-227-5107

 www.pathwaysbiblecamps.org

 14248 374th St, Menahga, MN 56464

SUMMER CAMP INFORMATION 2025

Dear Camp Families,

Pathways Lutheran Outdoor Ministries takes the safety and well-being of our campers very seriously, both on-site at Camp Emmaus and off-site on adventure programs. We strive to provide “unique environments where God encounters people and renews them to live lives of love”. Our goal is to provide these environments through safe, affirming experiences where your camper(s) will grow in their faith, build character by trying new things and connect in community without the distractions of technology. We acknowledge the depth of trust you display as you entrust your child into the care of other people. It is of our utmost importance to do everything we can to earn and keep that trust. We also know this is not possible without your help and our partnership together. Please read through this information packet to learn more about how we can partner together to make the camp experience the best it can be for families, campers and staff alike!

Pathways Mission Statement

Pathways offers unique environments where God encounters people and renews them to live lives of love.

Homesickness: Attending camp may be your child’s first time away from family for an extended period of time - or your first time with our children away for an extended time. If this is the case, know that it is natural to feel sad not being around those that we love. Homesickness happen, but campers don’t have to feel helpless about it. At Camp Emmaus, we keep campers busy with the rhythm of the daily schedule. We also recognize that there are real symptoms, aches and pains that can accompany homesickness. Our staff learn how to navigate homesick campers during their training to help prepare them for campers that may miss home.

Cell Phones: As mentioned in our “What not to bring” section of your pre-camp information, we do have a no cell phone policy at camp (which included smart watches). Given all the technology that allows instant contact with family, it can be difficult to consider the limits on that communication. However, camp is a place where children can unplug from technology and where they can grow in confidence, learn to overcome challenges and build new friendships. There are always people within the camp community for your child to reach out to that can assist them with their needs. Additionally, cell phones can also be lost, stolen, or used inappropriately with photos or calls to outsiders who could potentially put campers at risk.



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Tips for How We Can Partner Together:

- Speak openly about the possibility of homesickness before your child leaves for camp. Set your child up for success by assuring them of your love and that they will have a great time at camp - and maybe even brainstorm some coping strategies in case they feel homesick. In our experience, it is not helpful to tell your child that you will come get them, or call them. So many campers are able to overcome homesickness and end up having a great experience at Camp Emmaus.
- Send letters to your child while they are at camp, or turn letters in at registration and staff will deliver them throughout the week. Pack stationary and stamps so your child can write to you. This year we will also have postcards available to purchase in our camp store! You may also send a note to your child by sending an email to **campemmaus14248@gmail.com**. We will print emails at 9am each morning and deliver them at lunch time.
- Trust that the camp staff will call you if there are any health concerns or if your child is having difficulty adjusting to camp.

Additional Communication Notes:

- **Mail and Phone** - To ensure delivery of mail during a camper's stay, it is best to send mail early (in some cases before the camper leaves home). You can also give letters to the staff during registration (make sure they are already labeled). Campers will not have access to the internet but, as mentioned above, you can email a note to **campemmaus14248@gmail.com** and it will be printed and delivered each day. Phone calls are discouraged, with the exception of emergencies.
- **Follow Camp on Social Media** - We will post photos each week, after the campers have departed camp. Be sure to follow us to see pictures from their experience and stay updated on what's happening with Pathways Camp Emmaus!



Pathways Bible Camps



Pathways Bible Camps

We look forward to having your child here at Camp Emmaus this summer!

We are grateful for your partnership in setting your camper up for a successful camp experience.

Camp Emmaus Mailing Address:

Pathways Camp Emmaus

Camper Name

PO Box 316

Menahga, MN 56464





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Dear Campers,

We are looking forward to having you join us this summer at Camp Emmaus! Camp Emmaus is a great place to gather as a Christian community, hear the good news of the Gospel and grow together. The Pathways Camp Emmaus summer ministry team is excited to welcome you to camp! Please read the enclosed information carefully so that you will know what to expect for your time at camp. If you have questions prior to your arrival, please contact us.

The Pathways Camp Emmaus Staff

Check In/Arrival Times:

Lil' Explorers: **9:00am**
Explorers Day: **9:30-10:00am**
Explorers Plus: **2:30-3:30pm**
Discoverers: **2:30-3:30pm**
Junior Pathfinders: **2:30-3:30pm**
Pathfinders: **2:30-3:30pm**
Trekks: **2:30-3:30pm**
Trekks Adventure: **2:30-3:30pm**
Seekers: **2:30-3:30pm**

Pick Up/Departure Times:

Lil' Explorers: **12:00am**
Explorers Day: **4:00pm**
Explorers Plus: **4:00pm**
Discoverers: **4:00pm**
Junior Pathfinders: **11:30am**
Pathfinders: **11:30am**
Trekks: **11:30am**
Trekks Adventure: **11:30am**
Seekers: **11:30am**

Please arrive no earlier than the designated time as staff are busy preparing for your arrival. If you are unable to arrive at this time, or need to pick your camper up early, please contact our office via phone or email to notify us of your expected arrival or early departure time.

Families are invited to join us for closing worship at the campfire pit (weather permitting) 30 minutes before the scheduled pick up time.

Packing List

- Camera (optional)
- Stationary (optional)
- Medications (please make sure your health form is completed)
- Dry Bags (adventure)
- Sleeping Bag & Pillow
- Pajamas
- Personal Toiletries: Toothbrush, soap, etc.
- Beach Towel, Towel, Washcloth
- Sunscreen & Bug Spray
- Shorts & T-Shirts for warm weather
- Pants & Long-sleeved shirt for cool weather
- Socks & Underwear
- Modest Swimsuit
- Hat
- Rain Jacket or Poncho
- Bible
- Water Bottle

Please do not bring:

- Cellphones
- Other electronics
- Snacks/candy
- Fireworks
- Weapons
- Tobacco, E-Cigs, Alcohol or Drugs

You may want to mark belongings with your camper's name. Lost and found will be the summer camp season for 4 weeks, after which articles are donated to a worthy cause. We do our best to get items that are left behind to their owners, but camp is NOT responsible for lost or stolen items. **Please leave all valuables at home.**

Camp Life in 2025

Housing: Campers stay in a cabin with their own cabin group. A cabin group consists of about 6-10 youth and 1 counselor. Each cabin has bunk style housing and there is a shower house nearby with toilets and shower facilities.

Meals: Meals will be served buffet style. Campers will eat with their cabin groups in our dining hall, unless they are cooking their food over the fire on cookout. If you have special dietary concerns, please be sure to notify the camp ahead of time or indicate it on your health form. Our kitchen staff does a wonderful job making accommodations for campers with special dietary needs.

Day-to-Day: Campers participate in many activities throughout the camp day including Bible study, worship, swimming, canoeing/kayaking, arts & crafts, games, outdoor education, campfire and more! Some activities will be done in cabin groups and other activities will be done with all the campers!

Staff: The summer ministry team consists of young adults who are committed to safety, following Jesus, and providing youth with a great summer camp experience. All of our summer staff members complete an application, interview, background check, training, and are certified in First Aid/CPR/AED.

Health Care: Camper's medical needs will be cared for daily by our Summer Program Director/Health Care Coordinator. All summer staff members are first-aid certified and trained in CPR/AED. All medications will be turned in to the Health Care Coordinator upon arrival. ***Please have medication labeled in a zip lock bag when you arrive.*** Camper families will have the opportunity to discuss individual needs with the Health Care Coordinator during the drive-thru registration process. If a camper becomes ill during the camp session, they will be treated according to written and approved doctor's treatment procedures, or guardians may be called to pick up their campers. If there is any situation where a camper is more seriously injured we will bring them to the clinic, or if necessary, we call 911, we will keep you informed. Please be sure to notify camp of any physical needs before your arrival at camp so our staff can make proper arrangements.

Code of Conduct: All campers and parents/guardians should read through and sign the behavior policy that is included in the online registration. We will review this during drive-thru registration when you arrive, as well as during the camper orientation.

Camper Offering: This year, we will be collecting items to put together care kits for Churches United in Moorhead and People's Church in Bemidji. ***Please consider bringing any of the following items:***

- Coffee
- Sugar
- Creamer (powdered)
- Disinfecting Wipes
- Bottled Water
- Peanut Butter
- Jelly
- Deodorant travel & full-size
- Sunblock travel & full-size
- Shampoo travel & full-size
- Conditioner full-size
- Bodywash travel & full-size
- Gatorade/Electrolyte Drink Packets

Canteen & Camp Store: Each day we will have snacks, novelty items and clothing available for purchase. Additionally, we will have fresh fruit available, at no cost, between meals. In order to purchase items from the Canteen or Camp Store, campers will need to put money into their account before arrival or bring a check or cash to registration. The Canteen & Camp Store will be open during pick up as well!